

ALL THINGS DOG IN NORTHEAST OHIO > CLEDOG.NET

FREE

CLEDOG

No. 23 • JULY/AUGUST 2019

*Get
Outside*

Camping
with your dog

**Bow Wow
Beach**

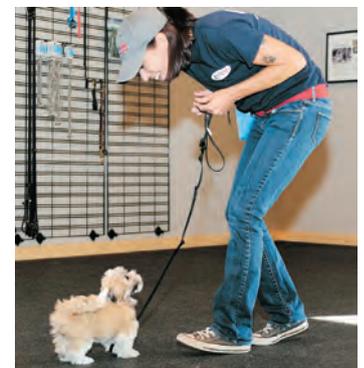
*Animal
Rescue*
Pilots

TRAIN PLAY BOARD

at Elite K-911 & The Bark Club

YOUR DOG ISN'T JUST A PET; HE'S A FAMILY MEMBER.

Our mature, professional and trained staffs can help you from puppyhood to adulthood, with training classes, daycare and boarding.



EliteK911.com
440.666.0749

31740 Cook Road
North Ridgeville, OH 44039
info@elitek911.com

Ask about our pack walks!
Wednesdays 7-8 p.m. • Saturdays 9-10 a.m.



TheBarkClubLLC.com
440.412.4378

33549 Liberty Pkwy.
North Ridgeville, OH 44039
info@thebarkclubllc.com

Ask about our **FREE**
half day trial!



Photo: Ohio Dept. of Natural Resources



inside

JULY / AUGUST 2019

COLUMNS

- 4 ASK THE TRAINER
- 5 DOGS IN THE CITY
- 7 PICK OF THE PACK

FEATURES

- 9 DOGS OF THE CLE
- 10 CAMPING WITH CANINES
- 14 BOW WOW BEACH
- 16 CUSHING'S DISEASE
- 19 FROM THE CAGE TO THE COUCH
- 20 ANIMAL RESCUE PILOTS

Join our email newsletter list at CLEDOG.net




@CLEDOGMAG
Publishers
 Karen Uthe-Semancik
 Mark Brabant

Columnists
 Travis Raymond: *Pick of the Pack*
 Elizabeth M. Richards: *Ask the Trainer*
 Amanda Roush: *Dogs in the City*
Contributing Writers
 Ann McDonald, Linda Slusser,
 Susan Spisak

CLE DOG magazine is published monthly by GoFetch Media, LLC, P.O. Box 40172, Bay Village, OH 44140. Copyright 2019, GoFetch Media, LLC. All rights are reserved. No part of this publication may be reproduced without prior written permission. Unsolicited articles are invited, but the Publishers reserve the right to edit any and all materials. All materials submitted to CLE DOG are considered to be CLE DOG property, and unconditionally assigned to CLE DOG for publication and copyright purposes.

ADVERTISING INFORMATION: Karen Uthe-Semancik • Karen@cledog.net • 216.598.6361
PHOTO SUBMISSIONS: Mark Brabant • Mark@cledog.net • 440.785.4136

DAYCARE • CAGE-FREE BOARDING • TRAINING • PACK WALKS • EVENTS

LAKE COUNTY'S COOLEST CLUB FOR DOGS!

A full-service facility offering a safe and clean environment for play, training and boarding.

**CELEBRATING
10 YEARS
IN BUSINESS**



30400 LAKELAND BLVD., WICKLIFFE • 440-516-0510 • CLUBK9OFWICKLIFFE.COM

ASK ABOUT OUR POOCH & PARENT TRIPS TO PUT-IN-BAY & THE CLEVELAND FLEA!

SERVING LAKE COUNTY SINCE 2009



..... ASK THE TRAINER

By Elizabeth M. Richards, MBA, CPDT-KA

Common Sense Training

Many pet owners think dog training is a tool to stop a dog from performing a behavior. Typical training requests include: how do I stop my dog from chewing shoes, stealing food, knocking over the trashcan, drinking out of the toilet and so forth.

Managing the dog's environment is often an overlooked and underutilized technique. In many cases changing the behavior of the humans in the environment can help avoid a problem and stop a dog from practicing bad behavior.

A Simple Example: Fluffy likes to pick up your leather shoes and chew them. You want Fluffy to learn to not pick up and chew the shoes.

Common Sense Fix: Manage the Environment. Put your shoes where Fluffy can't get them. Close doors, put up barriers and make it impossible for Fluffy to continue the behavior. When implemented correctly, you will have immediate results and avoid the problem. There is a chance of human error - leaving doors open, leaving shoes out, etc. At this point, who needs the training more, the human or the dog?

Once the environment has been managed, you can decide how much time you want to put into training Fluffy to not chew shoes. Things to consider include opportunity costs; does management adequately fix your problem, leaving you with training time to teach more important skills like loose leash walking and polite greetings? In other words, identify your training priorities.

Reasons pet owners initially resist management-only techniques:

1. It's not "real training." Well, it actually IS training...mostly of the humans involved (face it - dog training is a team effort).
2. It's "too easy and won't work." Management IS usually easy and will work 100% of the time if properly and consistently implemented.
3. "But he or she is not learning!" Not letting your dog practice bad behavior contributes to behavior modification and learning.

Management is the first step of the training process, with additional steps added as needed to achieve the student's final goal.

Some undesirable behaviors only need management. Some behaviors will go away on their own. Many behaviors will need training. No matter how simple or complex the training plan (management only or management plus training), a pet owner must be willing to change his or her behavior to help the pet be successful. A trainer's worst nightmare occurs when a training plan is presented only to learn that the client does not want to change anything, but expects a different outcome. Change = success

Finally, set your dog up to succeed. Sounds cliché, right? Think about how you support your human friends who are trying to change a behavior. Would you take a friend who is trying to quit smoking to a smoky bar? How about taking a pal who has weight-loss goals to an ice cream shop for lunch? You wouldn't be so inconsiderate to the friends in the examples, so why do it to

"man's best friend?" Don't put your dog in a situation that is sure to result in failure.

So the next time you want to change your dog's behavior, don't be surprised if your trainer asks, "Have you tried common sense technique X?" He or she is really asking you to participate in building an effective training plan for a well-behaved dog.



Elizabeth Richards, MBA, CPDT-KA, is the owner of Digging Dogs Training Center and is a Certified Pets for Vets Trainer. Elizabeth and her team utilize fun and positive training methods to help pet owners in Lake, Geauga and Cuyahoga counties achieve a great relationship with their dogs. Digging Dogs has a Training Center in Painesville Twp. and a Doggy Daycare & Lodging Center in Mentor.

DOGS IN THE CITY

BY AMANDA ROUSH, BELLA & MIA
from *Dog Life in CLE*

FOUR WAYS TO KEEP YOUR DOG COOL THIS SUMMER

The dog days of summer are here...time to keep your canine cool. Some common ways to help your dog stay cool include: offering plenty of fresh water, limiting her time outside and providing shade when she is outside. Here are some other (fun) ways to help keep your dog cool this summer at home:



1

Make your own dog popsicles

DIY dog popsicles are so easy to make and easily customizable to flavors your dog prefers. You can use anything from broth, plain yogurt and pumpkin puree, and mix with dog treats, pieces of chicken or turkey, blueberries or other fruit safe for dogs. Use an ice tray as the mold or a bowl for larger popsicles to stick in the yard, and store in the freezer. Treat your dog with one on a hot day!

Buy a cooling mat or bed

If you don't have air conditioning, cooling mats or beds are great to help keep a dog cool, especially at bed time. You can buy these online or at your favorite pet store.



2



3

Fill up a kiddie pool in the backyard

Kiddie pools are not just for kids! They are perfect for dogs to cool off in during the heat. Throw in some dog toys and let your dog have some fun on a hot summer afternoon!

Freeze a Kong with the goods

Kongs are extremely durable dog toys. They're great for filling up with dog treats, peanut butter, Cheez Whiz and more! Fill one up with your dog's favorite treats and stick it in the freezer. Give the frozen Kong to your dog and let her spend hours trying to get the goods out!



4

Read more about life with Mia and Bella at doglifeincle.com.

Moose and Lulu's

#SITSTAYDROOL

WE'VE ADDED OVER 50 NEW PRODUCTS!



Cleveland Personalized Dog Bed comes in S, M and L

FREE SHIPPING with code: CLEDOGMAG

[f mooseandlulus.com](https://www.facebook.com/mooseandlulus.com) [i](https://www.instagram.com/mooseandlulus.com)

AFFINITY CANINE

Human. Canine. Communication.



Abbe Moen
Owner/Head Trainer

- Private & Group Lessons
- Puppy Foundation Program
- Stay & Train: in-home environment
- Behavior Modification
- Off-leash Training
- Basic & Advanced Obedience
- Therapy Dog & AKC Good Citizen Training
- Assistance choosing new dog/puppy for your lifestyle



affinitycanine.com • 440.781.6997
abbemoen@gmail.com



Hot Diggity Dog, Inc.

SERVING THE WEST SHORE AREA FOR
OVER 20 YEARS!

The highest quality, personalized,
pet care in the familiar surroundings
of your home.

Daily • Weekends • Vacations

440.823.9159

BONDED / INSURED



Nancy Brown (with Montana)

www.hotdiggitydogusa.com

VISIT MY BLOG! OHIOPETEXPERT.COM



hotel
INDIGO
Beachwood
3581 Park East Drive
216.454.8000

ALL FURRY FRIENDS WELCOME!



Privileged Pooch Package:
Your dog receives a bowl of treats and a furry new toy!

Miller Ferries
to Put-in-Bay

Pets Ride
FREE

800-500-2421 • MillerFerry.com

Northeast Ohio's Premier
Pet Portrait Studio!

Pixure This!
photo studio

PixureThisPhotoStudio.com
BROADVIEW HEIGHTS

PAWKIDS
Unique "No-Tie" Pet Bandanas

Handmade • Double sided • Slip-through feature
Dozens of themes • Made in Cleveland

Check Out Our Bowties!

www.PawKidsLLC.com
See our event schedule at: facebook.com/pawkidsllc
216-571-2216



Sit



Fetch



Flush

PUP
lick p loop!

Northeast Ohio
Regional Sewer District

DogsCantFlush.org

@neorsd

..... PICK OF THE PACK

BY TRAVIS RAYMOND

OUTINGS WITH YOUR DOG:

HERE'S WHAT TO TAKE

A lack of water will make for a very short trip in warm, summer months. That's why **travel-ready bowls** have become so popular among hikers.

Messy Mutts' Travel Water Bottle & Bowl has a great design -- a flexible, silicone bowl hugs the sturdy, stainless-steel bottle with an adjustable lanyard for extra security. When your dog is ready for a drink, it takes a few seconds to flip the bowl out, push the easy-pour button and then just set it down. Any leftover water can be tipped back into the bottle and it's ready to go when you are. Both the bottle and bowl are BPA- and PVC-free.

If you already have a water bottle you like but lack the bowl, disc-shaped throwing toys such as the West Paw Zisc or StarMark's Durafoam Disc (reviewed here in previous issues), will readily pinch-hit for a bowl.



I have found **freeze-dried or dehydrated treats** travel the best. No moisture means they are light and won't make a mess if spilled in a pocket or backpack.

Bare Bites are excellent, single-ingredient beef liver treats made in the U.S.A. They come in strips that break easily, with no grains, fillers or preservatives.



Travis Raymond is manager at The Grateful Dog Bakery. A raw food advocate and dog-sitter, Travis volunteers as a foster parent to local rescue dogs and cats. Follow The Grateful Dog Bakery on Instagram @gratefuldogbakery.



A newer item for many dog owners is a **dog daypack**, which is just like what it sounds: a small pack that allows your dog to carry his own water, poop bags, toys, etc. These packs are designed to carry small loads for short distances.

Outward Hound makes a great daypack; the material is water-resistant nylon, so no worries if you get caught in the rain. The harness is sturdy with reinforced stitching to keep it secure, and the buckles don't slip so it won't chafe once you get it adjusted.



Tennis Ball Cakes!

- Made to order
- 5 flavors and 2 frosting choices
- Made with organic flour and pasture raised eggs.

WE TAKE PHONE ORDERS!

31966 Center Ridge Rd.
North Ridgeville
440.353.1990
GratefulDogBakery.com

Grateful Dog Bakery

Lake Erie 🐾
Pet Food Co.

LOCAL • FRESH • HEALTHY

PET FOOD

DELIVERED TO YOUR HOME

ORDER ONLINE FOR HOME DELIVERY OR VISIT OUR NEW OHIO CITY STORE!

★★★

4164 Lorain Avenue | Cleveland
www.LakeEriePet.com/OC

DOG PATIO

Bring your bud to our dog friendly patio!!

GRAYTON ROAD TAVERN

Cleveland, Ohio

DOG MENU

Featuring a special Dog Menu!!

4760 Grayton Road

graytonroadtavern.com

Follow Us:

216-265-7770



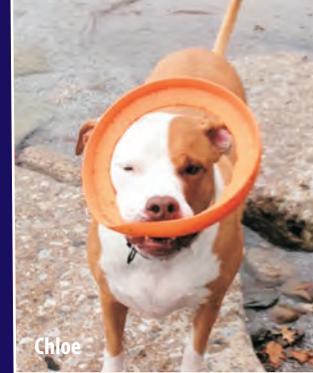
Levi



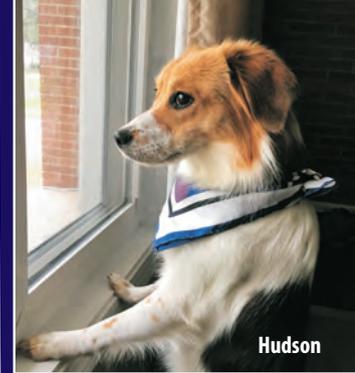
Sadie



Toby



Chloe



Hudson



Coco

DOGS OF THE CLE

PRESENTED BY

THE POOP PROS

THE PET WASTE SPECIALISTS

Got Dog Poop? We Scoop Poop!

WWW.THEPOOPROS.COM



Clara & Myrtle

SERVING ALL OF NORTHEAST OHIO • NO CONTRACTS • WANT A FREE QUOTE? 216-208-POOP



Lulu

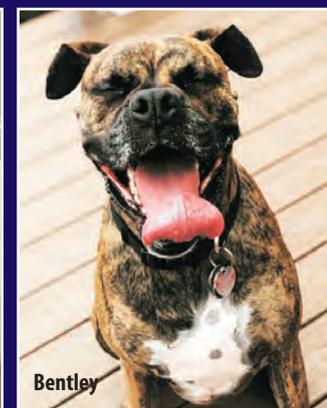


Roxy Fluffer

75% OFF
INITIAL CLEANING
+ 1 WEEK FREE!
 FOR NEW RECURRING
 SERVICE CUSTOMERS
216-208-POOP
Mention this ad
 THE POOP PROS
 THE PET WASTE SPECIALISTS



Boomer



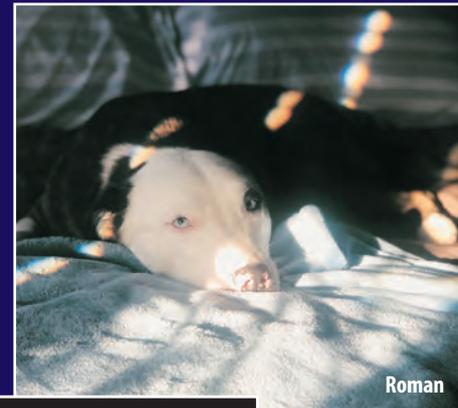
Bentley



Roscoe



Teddy



Roman

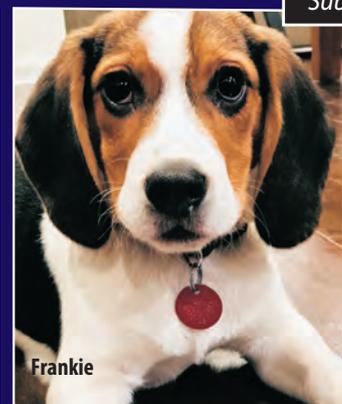


Winnie

Submit your dog photos: mark@cledog.net



Buster



Frankie



Lebowski



Millie & Sophie



Jozie



Shadow, Jessa and Meko

Camping with Canines

By Susan Spisak

Last year, empty-nesters and retirees Kim and Ken Delfing of North Olmsted bought a 25-foot, air-conditioned travel trailer for camping. “We like to travel, and we like to take the dogs with us. As we retired and looked ahead, it was either now or never,” Ken explained on their decision to make the purchase and explore the country with their fur kids, a 13-year-old male Cattle Dog mix named Shadow and 8-year-old Golden girl named Meko.

They'd always wanted to add “camping enthusiasts” to their resumes, but were busy raising two children and growing their careers. (Kim was an occupational therapist specializing in hand therapy, and Ken was a police officer and award-winning D.A.R.E. officer.) Ken said they knew RV-ing would be a comfortable way to camp with their special-needs pets: Shadow is almost deaf and has a Grade IV heart murmur and Meko is blind.

Before their first outing in April of 2018, Kim took the dogs, the dog beds and a good book to the trailer that was parked in their driveway. This way the dogs (including temporary pack member Jessa, a 1-year-old Lab they were raising for Guiding Eyes for the Blind or GEB) could adjust to their new digs. (Knowing that many campgrounds have a two-pet limit, including our Ohio State Parks, Kim had GEB paperwork at the ready, and said a service dog in training is not considered a pet.)

Their adventures began with shorter outings to Ohio State Park campgrounds. (All 59 are okay with dogs at specific sites for RVs and tents, and several have pet-friendly cabins.) Kim checked online maps and searched for pictures to find the shaded and larger sites. They also tended to camp on weekdays, avoiding crowds, enabling last-minute bookings and enjoying lower prices. (Golden Buckeye Card holders receive 50% off camping fees in state parks from Sunday through Thursday.)

They've been impressed with the variety of activities at the state parks they've visited. They've even picked up disc golfing with their leashed dogs along. (Some state parks that offer this sport have rental equipment.) Heidi Hetzel-Evans, communications manager for Ohio Department of Natural Resources, Division of Parks and Watercraft, said this is permitted. “Unless the area is posted 'no pets,' most public areas,

including disc golf courses, are pet friendly," Hetzel-Evans said.

Their daily routines were similar. "First thing we did after we set up was walk the campground to see where things were, get the pups exercised, check out other trailers and what [camp] sites might be better if we visit again," Ken said. "We spent our time hiking trails, meeting our camping neighbors, playing card games, grilling out and relaxing by our camper with the pups," Kim said. They used tie-out stakes with leads to keep the dogs nearby and in compliance with policies.

Last September, they trekked west with their two-pack. (Jessa's raising time was completed and she returned to GEB in New York for formal training.) The Delfings took more than three days to their home-base at Big Pine Campgrounds in Custer, South Dakota, where they spent a week.

Every morning started with a family walk to nearby Black Hills National Forest. Then Kim and Ken would head to destinations, including Badlands National Park, Mount Rushmore National Memorial, Black Forest National Park, Crazy Horse Memorial and Devils Tower National Monument. They were careful to check back on their dogs every few hours.

Meko and Shadow went along to the dog-friendly Corn Palace as well as Custer State Park in the Black Hills. "It's just an incredible place," Kim said. They appreciated the park's picturesque Sylvan Lake and drove its Wildlife Loop Road with the dogs, watching bison, elk and other animals from their truck.

"It takes a little bit of balancing and a little bit of research to know where you can and cannot take the dogs," Kim said. She was prepared, even down to dog-friendly sites on the drive home -- they stopped at the baseball field/outdoor movie set built for Field of Dreams in Iowa and the Wisconsin Dells region in Wisconsin for a very

"mosquito-ey" hiking extravaganza that they'd never repeat.

The camping bug has bitten them. This spring they went to Indian Lake State Park in Ohio -- they even chose a "premium site" which was a quiet lakeside spot. "We saw a lot of birds, including a bald eagle, which we enjoy." They sat around the campfire and all had a terrific time including the new

GEB guy they're raising -- a yellow Lab named Lisbon. They opted to use an outdoor pen, so the dogs had more freedom while still being confined. Hetzel-Evans said secure pens are okay, and visitors may also use their dogs' kennels as an alternative.

This summer they're heading to campgrounds in Pennsylvania and New



Photos courtesy of Kim and Ken Delfing

Hiking in Black Hills National Forest

York. They're also exploring more spots in Ohio -- they'll spend time at Alum Creek State Park, which has a dog park and adjacent beach, and Geneva State Park. Kim is also mapping a trip to the Rocky Mountain region - they're looking forward to camping under the Colorado skies.



Shadow meets a burro in Custer State Park

This friendly couple likes to chat with new people when they camp, and Kim said the dogs are a big part of that. "It helps us make more connections. People want to see and meet the dogs."

- **Don't own your own RV? You can rent a pet-friendly towable or drivable RV at rvshare.com.**
- **For Ohio State Park campgrounds, pet guidelines and policies, visit parks.ohiodnr.gov.**
- **Want to try tent camping with your dog? Visit tripsavvy.com/tips-for-camping-with-dogs-503953.**

Tips for Camping with Fido



From the Ohio Department of Natural Resources, Division of Parks and Watercraft

Camping is a fun activity for the whole family including your two-legged members. Many campgrounds offer accommodations for campers with dogs. Ohio's 75 state parks offer pet-friendly facilities, however, there may be pet restrictions in specific areas, such as swimming beaches and shower houses. It's important to pay attention to park signage.

Be a good camping neighbor--**make sure your pet is on a leash and all pet waste is disposed of properly.** Here are some things to consider when camping with canines:

- All dogs must have an updated rabies shot. Keep a copy of your pet's vaccination records with you.
- Own more than one dog? Check with the campground on pet limitations before arriving; many only allow two pets per site.
- Spending the day hiking with your dog? Bring along extra water and spend some time in the shade... you'll both appreciate a break from the hot summer sun!
- Don't forget: pets are not allowed in shower houses, comfort stations or camp stores unless they are a service animal.
- Some campgrounds offer dog parks, which are enclosed and can give pets a chance to expend some energy. Visit parks.ohiodnr.gov/dogparks to see if your site has a dog park.
- Don't wash your dog in water fountains, water pumps, shower houses, pools or public beaches. If your furry friend likes to cool off in the water, consider camping at a park that offers a dog-friendly swim area.
- Limit leaving dogs unattended; in many cases, unattended pets are against the rules. When left behind, pets often experience separation anxiety. When it is allowed, make sure dogs are properly secured and consider leaving a radio or TV on for company. Not sure how your dog will react? Leave and come back five minutes later--if they are still barking, leaving them alone may not be an option.
- Be considerate of your neighboring campers. Don't allow your dog to roam around your campsite. When relaxing at the campsite, consider a dog enclosure if you want to unleash your pet.
- ALL PETS MUST BE ON A LEASH, regardless of how good they are off-leash. This protects both your dog and your fellow campers.



To plan your next pet-friendly camping trip, visit ohiostateparks.org or call (866) OHIOPARKS.

THROUGH THE LEASH
Dog Behavior & Training

**CALL TODAY TO SCHEDULE
A FREE MEET & GREET
AND EVALUATION!**

\$100 VALUE

(216) 352-0991

10% OF ANY TRAINING PROGRAM
MENTION THIS AD! CONTACT FOR DETAILS, SOME RESTRICTIONS APPLY.

THROUGHTHELEASH.com

BARKLYN HEIGHTS
Dog Daycare & Boarding

Supervised play and socialization in a 6000 sq. foot indoor and 5000 sq. foot outdoor environment. Your dog can expect a day full of exercise and attention, plus interaction with dogs of all ages, breeds and sizes.

Watch your dog on our online cameras!

BarklynHts.com • 216.577.5960

247 Old Brookpark Rd. • Brooklyn Heights

Mention this ad for a FREE evaluation!

HOME OF THE

\$10 PET WASH

Buy 6 Washes, Get 1 FREE!*

*Ask one of our pet experts today for full details

us.petvalu.com |

VISIT OUR WEBSITE FOR A PET VALU LOCATION NEAR YOU!

SAVE 10% | Seniors' & Military Day Last Tuesday of Every Month



Milton from Pepper Pike



Rudy (front) and friends

A Day at

By Ann McDonald



Kari from Huron



Bella from Cleveland

If you have a Cleveland bucket list (or as I like to call it, a Life List -- much less depressing) for your dog, a visit to Bow Wow Beach in Stow should be on it. Located just a short drive from Cleveland, Bow Wow Beach is the ultimate dog playground, with a large lake to play in and lots of space to run around.

Located in Silver Springs Park, 5027 Stow Road, the 7.5-acre beach offers separate fenced-in areas for small or large dogs, agility equipment and even a doggie wash area to clean off those sandy paws when you leave. The beach is fenced in, but there is A LOT of space, so you'll want to make sure you've practiced your "come" command before letting your dog off leash here.

The park is huge and there are dogs running free everywhere, so it's important to keep a close eye on your dog when you visit, and observe the designated areas for small and large dogs. The main area surrounding the lake is the large-dog area, and there's a small-dog area with lake access as well.

Doggy Paddling Tips

If you're planning a visit to the beach and your dog is new to swimming, take it slowly. Most dogs instinctively know how to "doggie paddle," but monitor him closely while he tries it out. You can also get a doggie life vest for new swimmers to be extra safe.

Here are a few other tips for new doggie swimmers:

- *Start in shallow water and call your dog's name. You can also coax him in with a treat or toy, but always keep your dog within reach.*
- *If your dog begins to paddle with his front legs only, lift his hind legs and help him float. He should quickly catch on and will then keep his back end up.*
- *Never leave your dog unattended! You should always be in a position to help him get out of the water.*

Bow Wow Beach

Dogs more than 35 pounds are prohibited from being in the small-dog space for the safety of all dogs at the park.

Parks like Bow Wow Beach can be intimidating, so keeping a close eye on your dog and observing the behavior of the dogs around you can help make the visit more pleasant. Amy Mazanec, a regular visitor to the park, recommends observing pack play from your car before entering. "Is there one dog being a bully or being pushy with other dogs," Mazanec said. "It's important to figure out if your dog will like the group currently playing."

Although the park is free and not monitored by staff, there are rules to follow. It's important that your dog is up to date on vaccinations before visiting. Dogs should also be leashed coming into the park and leaving, and there is a limit of three dogs per person. Also, dogs must wear a collar, and owners must carry the dog's leash and monitor them at all times. And of course, for the safety of dogs and other people, do not bring food into the park.

The beach is open every day mid-March to December. (Note: the beach is closed every Thursday from 8-11 a.m. for weekly park maintenance, and will also be closed all day on Saturday, July 27.)

If Stow is too far of a drive for you, the Cleveland area has a few other dog-friendly beach options:

- **Canine Meadows Dog Park**
9010 Euclid Chardon Road, Kirtland
- **Fairport Harbor Lakefront Park Beach**
301 Huntington Beach Dr., Fairport Harbor
The dog swim area is located at the east end of the beach between the two signs clearly marked "Dog Swim Area." This is the only place dogs are allowed on the sand.
- **Edgewater Park Reservation, Cleveland**
Located north of Cleveland Memorial Shoreway (U.S. Routes 6 and 20 and State Route 2), follow the signs for the designated dog beach area.
- **Lakewood Beach Park**
3801 Lake Road (OH 6), Sheffield Lake

Happy Dog Paddling!

Ann McDonald is a writer, dog foster and dog mom to two rescue dogs. You can find her writing about her dogs, dog-friendly activities and dog rescue at dogsinthecle.com.

Cushing's: A Geriatric Disease

By Linda Slusser



I BECAME AWARE OF CUSHING'S DISEASE (hyperadrenocorticism) when both my Shelties, at ages 8 1/2 and 11, were diagnosed in 2017. Yet, the production of excess cortisol in the body is one of the most common disorders of the endocrine system in dogs. Dr. Randy Hutchison of Animal Clinic Northview in North Ridgeville says Cushing's is “a disease we diagnose multiple times a month.”

CAUSES

In normal amounts, cortisol is a hormone essential to regulating a canine's immune system and responses to stress. However, too much cortisol can have damaging effects on many organ systems. In pituitary-dependent Cushing's (PDH), a usually benign tumor in the pituitary gland causes the secretion of ACTH, a hormone that signals the adrenal gland to over-produce cortisol. In adrenal-dependent Cushing's (ADH), a benign or malignant tumor in an adrenal gland causes the release of excessive cortisol.

Although the reported numbers vary, WebMD estimates that PDH Cushing's accounts for 80 to 90 percent of cases, while the ADH type occurs in 15 to 20 percent of cases. (In iatrogenic Cushing's, a third type, the disease results from long-term use of steroids, but the effects are reversed by weaning the canine patient off the prescribed medication.)

SYMPTOMS AND DIAGNOSIS

There is no simple way to diagnose Cushing's. Since it usually develops in dogs ages 8 to 10, owners may think the symptoms are just part of

the aging process. Vets must consider the possibility of other conditions with similar symptoms. Symptoms also manifest differently in each dog. My younger Sheltie, Yogi, had several symptoms, while Sonnet only displayed a gradual but dramatic loss of coat. Common clinical signs of Cushing's include:

- Increased thirst
- Frequent urination, sometimes with accidents
- A ravenous, appetite
- Hair loss or skin problems
- A pot-bellied appearance
- Increased panting
- Lethargy

Arriving at a diagnosis of Cushing's disease is costly. A vet begins by considering the owner-reported symptoms, the dog's medical history and a physical exam. Next, a series of urine and blood tests are needed to note changes suggestive of Cushing's and to rule out conditions such as diabetes or kidney, liver or thyroid problems.

According to Dr. Hutchison, certain results from these initial screenings may indicate the need for additional testing. A urine test checks for a urinary tract infection, prevalent in Cushing's dogs. A CBC (complete blood count) may show an elevated white blood cell count due to excess cortisol circulating in the body. A blood chemistry test may reveal an elevated liver enzyme, present in most Cushing's dogs and a high cholesterol level, found in up to 75 percent of these dogs. A thyroid test may show a low level of this hormone.

With a higher suspicion of Cushing's, a vet will order the 8-hour Low-Dose Dexamethasone Suppression Test (LDDST). This is the best tool to identify Cushing's and differentiate between the PDH and ADH types.

If the type is still unclear, an abdominal ultrasound can be performed to examine the adrenal glands.

TREATMENT

The more common PDH Cushing's can be treated and controlled with the oral medication Vetoryl (Trilostane). Determining and maintaining the correct dosage reduces cortisol levels to "normal," but care must be taken not to let levels drop too low. Monitoring cortisol levels, often every 3 to 6 months, requires a 2-hour ACTH-stimulation test. Based on results, the amount and frequency of Vetoryl can be adjusted. Much to the owners' relief, treatment will alleviate symptoms and improve their companions' quality of life.



Pituitary Dependent

- ✓ Caused by a tumor in the pituitary gland
- ✓ Affects 80-90% of dogs

Adrenal Dependent

- ✓ Caused by a tumor in one of your dog's adrenal glands
- ✓ Affects 15-20% of dogs

Treating ADH Cushing's is more difficult. Surgical removal of a benign tumor can be curative, but the surgery is risky. Using Vetoryl is another possibility although responses to the drug are more unpredictable. For a cancerous tumor that can metastasize quickly, the best option is probably palliative treatment with the medication.

AFTER A DIAGNOSIS

The key to successfully handling a Cushing's diagnosis is good communication between the owner and the vet. Dr. Hutchison feels his patients do best when he and the owner discuss candidly what's ahead and agree to work together. He explained treatment will be necessary for the dog's lifetime and it is expensive. But if the owner is willing to commit to the tests and pill schedules and report any changes, the dog "should have a good chance at a quality life for years to come."

As for Yogi and Sonnet, both are doing well. The three of us continue to enjoy each day.

Linda lives with two Shelties and has been published in Heart of Ohio's Focus issue and The Bark.



**Animal Clinic
Northview, Inc.**
www.northviewvet.com

**Fully Staffed 24 hours/day for Emergency Care
22 Veterinarians to Serve Your Needs**

- Routine Wellness Exams & Vaccinations
- Minimally Invasive Laparoscopic Surgery
- Comprehensive Reproduction Services Including Semen Storage & Neonatal Care
- Dentistry, Periodontics, Oral Surgery, Orthodontics & Dental Implants
- Digital X-ray and Ultrasound
- Rehabilitation Water Treadmill
- Orthopedic Surgery
- Laser Surgery
- Avian Hospital
- Alternative Medicine



36400 Center Ridge Rd. • North Ridgeville
440-327-8282

Proud to Support Our Community for Over 40 Years.

EMERGENCY & SPECIALTY PET CARE

WHEN IT'S NEEDED THE MOST. VISIT MEDVET.COM

AKRON

1321 Centerview Circle
Akron, OH 443321
330.665.4996



CLEVELAND WEST

14000 Keystone Parkway
Brook Park, OH 44135
216.362.6000



CLEVELAND NORTHEAST

8250 Tyler Blvd. #C
Mentor, OH 44060
440.255.0770



Does your dog LOVE people?

University Hospitals is looking to expand its pet therapy program.

We use trained volunteers and their dogs to make in-room visits to kids and adults who would enjoy the love of a furry friend.

Pet therapy can reduce stress, promote healing, lower blood pressure, and lift spirits. In addition, pet therapy provides a comforting source of healing touch for children and adults in the hospital.

Attend one of our free educational sessions to see if your dog is a good fit for University Hospitals pet-therapy team, and if so, how to get started.



FREE EDUCATIONAL SESSIONS

July 14 • 1 - 2 p.m. in Rainbow Lobby
Rainbow Babies & Children's Hospital,
Seidman Cancer Center, MacDonald Women's Hospital
2101 Adelbert Rd, Cleveland, OH 44106

July 15 • 6 - 7 p.m. in the Medical Arts Building
UH Portage Medical Center
6847 N.Chestnut St., Ravenna, OH 44266

July 16 • 10 - 11 a.m. in the Main Lobby
UH Parma Medical Center
7007 Powers Blvd., Parma, OH 44129

July 16 • 7 - 8 p.m. in the Main Lobby
UH Geauga Medical Center
13207 Ravenna Rd., Chardon, OH 44024

July 18 • 11 a.m. - Noon in the Main Lobby
UH Ahuja Medical Center
3999 Richmond Blvd., Beachwood, OH 44122

July 18 • 6:30 - 7:30 p.m. in the Main Lobby
UH St. John Medical Center
29000 Center Ridge Rd., Westlake, OH 44145

Humans only for these intro sessions, please!



Questions? Contact Diane Pekarek at 216.844.6288
or Diane.Pekarek@UHhospitals.org

Protect Your Pets & YOUR WALLET WITH EMBRACE

Embrace Pet Insurance offers one simple plan to protect you from costly vet bills associated with:

- ✓ Unexpected accidents & illnesses
- ✓ Breed-specific conditions
- ✓ Cancer
- ✓ Chronic conditions
- ...& much more

E Get your free quote in minutes.
EmbracePetInsurance.com
(800) 226-1308

Pet health insurance is administered by Embrace Pet Insurance Agency, LLC and underwritten by one of the licensed insurers of American Modern Insurance Group, Inc. Coverage is subject to policy terms, conditions, limitations, exclusions, underwriting review, and approval, and may not be available for all risks or in all states. Rates and discounts vary, are determined by many factors, and are subject to change. © 2016 American Modern Insurance Group, Inc.



EMBRACE
PET INSURANCE



From the Cage to the Couch

Sponsored by Guardian Alarm

Siberian Husky mix Brando was just a pup when he was rescued by good Samaritans on Cleveland's West Side. He found a forever home quickly, but has had health issues his whole life, including diabetes. Then, at age 10, Brando lost his eyesight, and his pawrent says his pooch "was ready to give up on life and just sat in his blue chair waiting to die." He couldn't chase squirrels and birds or visit his furry friends at dog daycare.

Then a wonderful thing happened: the folks at Club K9 Wickliffe held a fundraiser so Brando could have double eye surgery at The Ohio State University Veterinary Medical Center to restore his eyesight. Brando is now 12 and thinks he's a puppy again, living the good life in Lake County.



YOUR PASSION IS MAKING SURE EVERY STRAY FINDS A HOME.

OURS IS PROTECTING THEM.

We have packages especially designed for pet protection, installed for just \$99*. Plus, \$25 from each system purchased through August 31 will be donated back to Lake Humane Society. *Certain restrictions apply



GUARDIANALARM.COM/PET | 216-532-1919



DIGGING DOGS

TRAINING *and* PET CARE

1890 Mentor Ave., Painesville Twp.

8790 Munson Rd., Mentor



FUN & POSITIVE TRAINING METHODS!

Group Classes & Private Lessons

- Puppy Socialization
- Obedience & Manners
- Canine Good Citizen
- Rally & Therapy Dog
- Agility - All Levels



Boarding & Doggy Daycare

- Cozy, Home-like Environment
- All Suites Lodging
- Staff Residence Onsite
- Daycare Webcams
- Play Areas for Large & Small Dogs



🦴 440-255-3500 • WWW.DIGGINGDOGS.BIZ 🦴

Pilots:

A Special Link in the Chain of Animal Rescue

By Linda Slusser

Picture this: 22 dogs of all shapes and sizes secured in crates, occupying every square inch of space inside a small plane. Or how about two 150-pound Saint Bernards loose in the plane, necessitating the pilot to continuously make adjustments to the plane's center of gravity every time the dogs shifted positions.

Cleveland Chris Landers doesn't have to imagine these scenes; they're two of his more memorable rescue transports over the last 10 years.

Landers became a pilot in 1970, and then took a 30-year hiatus for family and career obligations. He recertified in 2004, flying just for fun. But a phone call in September of 2009 would give his future flights a deeper purpose.

A rescue volunteer asked if he would transport a dog pulled from a high-kill shelter in Sandusky to a rescue group in Dunkirk, New York. Since that first "yes," Landers has committed to flying dozens of trips, helping to save the lives of hundreds of dogs.

Landers belongs to the Zone Aviation Flying Club located at Cleveland Burke Lakefront Airport and Lorain County Regional



Airport. The club owns about eight planes, which members can rent. Landers usually transports one to six dogs at a time, and will choose a Piper Saratoga, a Beechcraft Bonanza or a Cirrus, depending on the space he needs and whether he's flying east or west. His common pick-up locations are all within Ohio: Columbus, Youngstown and Athens. He has delivered his charges to adoptive rescues in New York, Pennsylvania, New Jersey, Virginia, Michigan, Indiana, Illinois and Wisconsin.

Flying rather than driving the animals means a shorter travel time and few, if any, transfers. Landers said the dogs are calm travelers; the constant hum of the engine even lulls some to sleep. Each round trip lasts four to five hours at a cost of \$250 per hour, paid for by the volunteer pilots themselves. Landers minimizes his financial contribution, citing the great satisfaction of giving dogs a new life and the ongoing pleasure of interacting with others in the rescue community. He also downplays his role, crediting the "foot soldiers on the ground" with doing the bulk of the work.

Canines needing transport include strays, owner surrenders, unwanted litters and, most often, dogs facing euthanasia. According to Kathy Smola of Berea, a transport coordinator for 14 years, moving a dog from Point A to Point B involves numerous dedicated individuals. Networking is key, made easier by social media; Kathy has 4,000 Facebook friends and more than 7,000 email contacts in her chain of animal rescuers.



Photos courtesy of Chris Landers



Volunteers regularly check shelters in their areas and evaluate a dog to see if it's adoptable. Next, before they pull the dog from the shelter, they find a reputable rescue group willing to accept the dog, based on that group's criteria. The sending or receiving group can reach out to a pilot. Some keep a database of pilots they contact directly, while others use the national Pilots N Paws online bulletin board -- especially for longer flights. Pilots check the board and respond if they can cover a leg of the trip.

A coordinator, or a Point A or Point B rescuer, arranges the flight times and airports used. Point A volunteers have the dog vetted, including shots and a necessary health certificate. They also deliver the dog to the airport and give the documentation to the pilot. Point B rescuers meet the plane and accept the dog. They provide more vetting, temperament testing and training to facilitate a good match between the dog and his forever family.

What motivates such dedication and hard work is the promise of a happy ending.



Each round trip lasts four to five hours at a cost of \$250 per hour, paid for by the volunteer pilots themselves.



Landers was an important link in Zander's story, a Saint Bernard who ended up in rescue when his family no longer wanted him. After six months, with no adopters, he flew to Illinois and brought Zander to Ohio. A Maryland pilot flew him on to Jamie Byrnes of Sainly Bernards Rescue in Philadelphia. When Byrnes determined Zander's ADHD personality would make another placement difficult, she adopted the "happy-go-lucky" guy as one of her permanent residents. For four years, Zander has enjoyed roaming his two-acre home, swimming in the pool and riding in the car. He's also helped new rescue dogs transition to their forever homes by teaching them how to play.

Thanks to caring individuals and pilots like Landers, dogs like Zander are enjoying a happily-ever after. These pilots with a purpose are a surprising and vital link in the chain of dog rescue.

Linda lives with two Shelties and has been published in Heart of Ohio's Focus issue and The Bark.



DWM

Angie's list



Dog Waste Management LLC

Professional Pooper Scooper Service
Since 2001

We provide quality, affordable, year-round weekly service and spring clean-ups for residential and commercial properties. Ask about our guarantee!

10% off! Just mention this ad!
Offer is good for the first month service. Excludes spring clean-ups.

216-267-3498

DogWasteManagement.com



Woofstock

THE DOG FESTIVAL

SUNDAY, SEPTEMBER 15th • 10 AM - 4 PM

Join us for a tail waggin' good time at the
CLEVELAND METROPARKS POLO FIELD



Groove. Play. FUNDRAISE.

All proceeds from Woofstock 2019 will benefit: Geauga Humane Society's Rescue Village

Register & Start Fundraising TODAY:
rescuevillage.org/woofstock

rescuevillage



EXCLUSIVE
TO INVISIBLE FENCE® BRAND

\$200 OFF

GPS Wireless Containment Solution

Not to be combined with any other offer or discount. Participating dealers only.
Expires: 08/31/19

©2019 Radio Systems Corp. All Rights Reserved

GPS Containment. Wireless Freedom.

With our GPS system, there are no limitations in the maximum size or shape of your pet's boundary

A large yard, ranch, or farm is a source of great enjoyment for your dog where they have plenty of room to run and explore. To keep them safe in a large area and not be hindered by burying wire, or the breaks in the wire over time due to environmental factors, our Exclusive GPS Wireless Containment solution is the best option for large properties.

To learn more, visit InvisibleFence.com or call for a free in-home consultation.



800-578-3647 | InvisibleFence.com

JULY/AUGUST DOG EVENTS

DOG PARADE & COSTUME PAGEANT

Thursday, July 4, 1-2 p.m. at Weiss Field, 33401 Webber Road, Avon Lake. Join Love-A-Stray & the city of Avon Lake at the Bicentennial Fourth of July Jubilee. Food truck, music and family fun with your pups. Parade participants receive a goodie bag; prizes for best costumes. Visit loveastraydog.com for more info.

BITS & LEASHES BASH

Friday, July 5, 5 p.m. at Cleveland Metroparks Polo Field, Moreland Hills. Enjoy a ringside cocktail party, raffle, silent auction and dinner, all while watching the infamous Horse & Hound Relay, a time-honored tradition at the Chagrin Hunter Jumper Classic. Proceeds benefit Rescue Village, rescuevillage.org.

I SCREAM SOCIAL

Sunday, July 14, Noon-3 p.m. at Oak Grove Pavilion in the Brecksville Metropark. This fifth annual event features a Christmas in July theme, so come dressed to impress. Ice cream, pools, raffles and more. To register visit grinrescue.org.

POOCH PARTY

Saturday, August 3, Noon-3 p.m. at Avon PetPeople, 35901 Detroit Road. Join Love-A-Stray for an adoption event. Go to loveastraydog.com for details.

WET NOSE 5K

Sunday, August 4, 8 a.m. at Orchard Hills Park, Chesterland. Fourth annual, dog-friendly 5K run or walk benefits Rescue Village. Pre-registration \$20; \$25 day of. Register at: greaterclevelandxc.com/wetnose.

SUMMER SCOOP

Sunday, August 11, Noon-3:30 p.m. at Oak Grove Picnic area in the Brecksville Reservation. The annual old dog party includes old dog Olympics, raffles, contests, onsite vendors, food and more. Vendor space is available. Proceeds benefit the Sanctuary for Senior Dogs. Visit sanctuaryforseniordogs.org for info.

ADOPT AND SHOP @ CROCKER PARK

Saturday, August 31, 11 a.m.-3 p.m. at Crocker Park in Westlake. Adoptions, local vendors and loads of activities for both the two- and four-legged members of the family. Visit friendshipapl.org for more info.

PAWSITIVELY PINECREST

A Canine Carnival & Guinness World Record Attempt

SAT • 12-5PM

AUG
03

Pinecrest in
Orange Village

Bring your dog and make history at Pinecrest by helping break the Guinness World Record for the largest dog photo shoot!

The four-legged fun continues! On-site Dog Adoptions • Doggie Playground • Pet Caricaturist • Doggie Dessert Stations • Vendor Village Featuring Pet Merchandise, Services & Giveaways

For more information, visit
DiscoverPinecrest.com/Events



CUYAHOGA COUNTY ANIMAL SHELTER

The Cuyahoga County Animal Shelter Presents...

2019 JOG for DOGS 5k

5K START 8:30AM 3K RUN WALK 9:00AM

LOCATION:
8333 ROCKSIDE RD. VALLEY VIEW 44125

September 22, 2019

PRIZES FOR TOP FUNDRAISING TEAMS BRING YOUR DOG! POST PARTY! VENDORS DJ AWARDS FOOD TRUCKS

Register at:
runsignup.com/Race/OH/ValleyView/JogforDogs

SPONSORED BY:

GANLEY
SUBARU EAST
WICKLIFFE



SUBARU

GanleySubaruEast.com



Whether you're hitting the high road or the high seas this summer... let Subaru get you and your family there!



GanleySubaruEast.com • 877-361-3557

28840 Euclid Avenue, Wickliffe, OH 44092